



2021 CHEER PACKET



SQUAD PLACEMENT

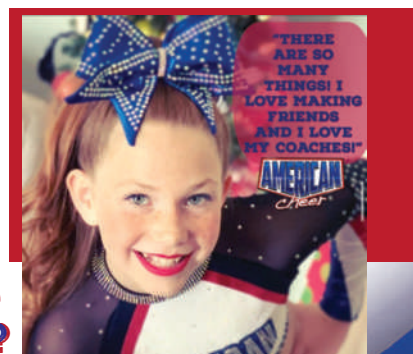
One of the biggest influencing factors in our program success is correct squad placement at tryouts. Squad placement is one of the most significant things we do all season long. Our goal at tryouts is to correctly evaluate each athlete and put them on the team that will best foster their growth as an athlete & person, at the same time putting our teams in the best position for success for the upcoming competition season.

No experience is necessary to be a part of one of our American Cheer teams. We offer teams for athletes ages 3 to 18 and everyone makes a squad. Squads will be placed based on the rubric below with few exceptions. All-star cheerleading offers seven different levels, which correspond to the type of tumbling skills, pyramids and stunts that a team can safely perform. Each level increases in difficulty.

Level	Standing Tumbling	Running Tumbling	Jumps
All-Star Prep and All-Star Novice	No experience necessary	No experience necessary	No experience necessary
All-Star Elite Tiny and Mini Level 1	Standing back walkover	Cartwheel	Single toe touch
All-Star Elite Youth, Jr and Sr Level 1 Required Skills	Standing back walkover Standing front walkover	Front walkover- cartwheel- back walkover	Two connected jumps
All-Star Elite Level 1 Optional Skills	Standing multiple walkovers Standing back walkover switch-leg	Front walkover- cartwheel- back walkover	Two connected jumps
All-Star Elite Level 2 Required Skills	Standing back-handspring Back walkover- back-handspring	Round off 2 back-handsprings	Two connected jumps
All-Star Elite Level 2 Optional Skills	Back handspring step-out	Front walkover thru to round off two back handsprings	Pencil jump back handspring
All-Star Elite Level 3 Required Skills	Standing multiple back handsprings	Round off- back handspring- tuck	Multiple jumps connected into standing multiple back handsprings
All-Star Elite Level 3 Optional Skills	A standing tumbling pass including multiple back handsprings AND a back handspring step-out in the beginning, middle or end of the pass	1. Front walkover thru to tuck 2. Punch front stick	Back handspring - toe touch- multiple back handsprings
All-Star Elite Level 4 Required Skills	Standing back tuck Standing one back handsprings to a tuck	Round off- back handspring- layout	Toe touch back handspring- back tuck
All-Star Elite Level 4 Optional Skills	Standing two back handsprings to layout	Combo pass thru to layout (Front walkover, whip, or punch front thru to layout)	Toe touch two back handsprings to a layout
All-Star Elite Level 5 Required Skills	Standing two back handsprings to a layout	Round off- back handspring- full	Multiple jumps connected to a back tuck
All-Star Elite Level 5 Optional Skills	Standing back handsprings to full Standing full	Combo pass thru to full twisting layouts or doubles (Front walkover, whip, or punch front thru to single/double full twisting layouts)	Toe touch back handspring(s) to full

As you will see on the tumbling rubric, each level has a required set of skills, as well as an optional set of skills. Please understand, that a heavier emphasis will be placed on the **REQUIRED** skills, and an athlete's ability to perform those skills at a proficient level. We would much rather see skills demonstrated with a high caliber of technique than a higher level of difficulty.

Just because an athlete can throw all of the optional skills does NOT mean they have put themselves in the best position to make a desired level. Athletes will put themselves in the best position to make a desired level by **executing required skills at a high caliber**.



Kendall, what do you love about cheerleading?





PRACTICES & SUMMER VACATION

The summer is the foundation of our season; productive practices are a must for a successful season. Practices are mandatory, however we do encourage families to enjoy vacation time and other summer activities. If you are in town, we expect that you will be at practice. If you're on vacation, enjoy your time away! We have created a weekend friendly schedule, so that families can enjoy their weekends as well.

There will be no practices on the following days:

- Monday, May 31st for Memorial Day
- The week of June 28th thru July 4th for Independence Day
- Monday, September 6th for Labor Day
- Sunday, October 31st for Halloween
- The week of Thanksgiving, November 22nd-26th
- December 20th - December 31st (two weeks for Christmas Break and New Years). **All-Star Elite Teams will return to practice on Jan 3rd and practice through the weekend (January 8th & 9th)**
- Easter Break- Monday, April 11th- Monday, April 15th- **THIS IS SUBJECT TO CHANGE BASED ON THE COMPETITION SCHEDULE.**

Days canceled by staff due to competitions, performances, special events at our facilities, staff training, clinics, or other days that the staff determines must be canceled.

Vacations - A Vacation Request form is required to be turned in by the 3rd week in June. Triplicate forms are available at the Hospitality desk at each location.

Bre, why do you love Cheerleading?



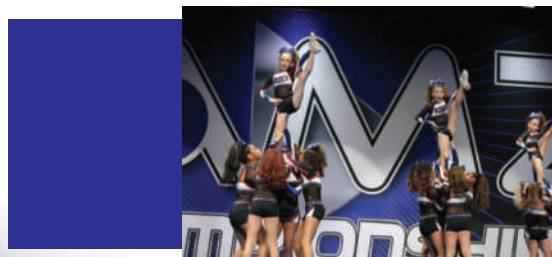
"It's something I love that nobody can take away from me! I give my all to the sport!"



PRACTICE ATTENDANCE

We are what we repeatedly do, so if we want to have great competition routines, we have to have great practices, and great practices are based on having the maximum number of athletes at the maximum amount of practices. There are few excused practices: contagious illnesses with a doctor's note, school graded events and family emergencies. Our practices are scheduled so that athletes may participate in both school and All-Star cheerleading. However, other sports or work that conflict with practices, are NOT excused. Given the nature of this sport, if a conflict with an outside sport arises, cheerleaders must be willing to put their squad first.

Unexcused missed practices will result in a \$50 fee. Missing practice the week of a competition, extra practice or choreography session will result in a \$100 fee. These charges cover the costs of extra practices that result from low attendances. (Charges will not be enforced until school is back in session in August). Planned absences after school starts, or for non vacation events, such as doctors appointments, must be communicated to the cheer department at least two weeks prior to the planned absence. Unplanned absences such as sicknesses should be communicated to the Cheer Director via email, jason@aksc.com. NOTE: Communicating your absences does not necessarily excuse the absence.



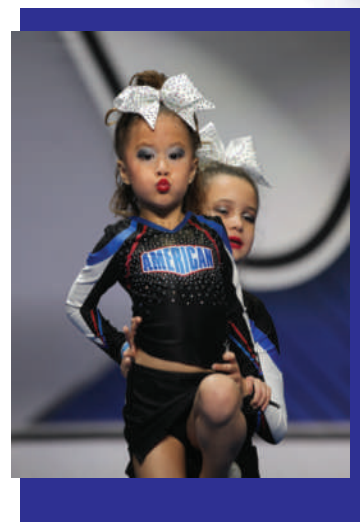


An athlete's date of birth must be on or between the dates listed to be eligible for the division. Target ages are reflective of the typical age range athletes are during the birth years listed for each division. Keep in mind that an athlete can be outside of the target ages and still be eligible for a division. The birth year is what is used for eligibility.

All-Star Elite Divisions	Birth Year	Target Ages
Tiny All-Star Elite	2014-2016	Ages 5-6
Mini All-Star Elite	2012-2016	Ages 5-8
Youth All-Star Elite	2009-2016	Ages 5-11
Junior All-Star Elite Levels 1-3	2005-2015	Ages 6-15
Junior All-Star Elite Levels 4	2005-2013	Ages 8-15
Junior All-Star Elite Levels 5 & 6	2005-2012	Ages 9-15
Senior All-Star Elite Levels 1-5	6/1/2002-2009	Ages 12-18
Senior All-star Elite Level 6	6/1/2002-2008	Ages 13-18

All-Star Elite International Divisions	Birth Year	Target Ages
Junior All-Star Elite	2004-2012	Ages 9-15
Senior All-Star Elite	2002-2008	Ages 13-17

All-Star Prep Divisions	Birth Year	Target Ages
Tiny Novice	2014-6/1/2018	3-6 years old
Tiny All-Star Prep	2014-2016	5-6 years old
Mini All-Star Prep	2012-2016	5-8 years old
Youth All-Star Prep	2009-2016	5-11 years old
Junior All-Star Prep	2005-2015	6-15 years old
Senior All-Star Prep	6/1/2002-2011	10-18 years old



- You will be personally notified via email of your athlete's team placement on Sunday, May 23rd after 6:00 pm following the evaluations.
- You will receive an email only if you turned in your completed registration on time and your accounts are current (past members). If you don't receive an email, it means something was missing or there is something that needs to be resolved first.
- Squad placements are not permanent; they simply are good starting place for the season moving forward. As coaches get to know athletes' strengths and weaknesses, parents shouldn't be surprised if there is movement during the summer months after tryouts.

All-Star Elite Squads: Those trying out for an All-Star Elite squad must have the highest level of commitment throughout the duration of the May to May season, attending practice regularly, all competitions, and meeting the financial responsibilities that typically are a part of All-Star cheerleading. These squads compete at state, regional and national competitions, here in California, Las Vegas, and the possibility of competitions in Dallas, and/or Orlando. Junior and senior teams at levels two and higher may have the possibility of competing at The Summit. It will be the responsibility of the parents to meet the costs associated with the trip to Orlando, Florida through our booster club (JUMP). Much, if not all, of this can be met through fundraising.

All-Star Prep Squads: Prep Squads compete mostly at local competitions, as well as the possibility of performing at local events such as basketball & football games, etc. While the hours are lower, squad members are expected to be at all practices and performances, and understand they are making a commitment to complete the whole season. These squads will only travel to in-state competitions.





PRACTICES CONT'D

Closed Practices

For a more focused practiced environment with less outside distractions, select practices will be closed, choreography sessions, extra practices and the week of a competition.

Likely Extra Practices

We try our best to keep extra practices to a minimum, however, to put teams in the best position for success extra practices will occur. For your planning purposes extra practices are likely to occur the week of a competition.

Tentative Choreography Dates

Stunt Creatives- June 22nd and 23rd

Stunt Camp- July 12th-14th

Pyramid Choreography- August 20th-22th

Stunt Choreography- September 7th-9th

Routine Choreography- September 16th-20th and September 24th-29th

Communication

Our official way of communication is via email. That's from us to families and families to cheer department.

All other forms of communication are secondary (Facebook, Remind, smoke signals).

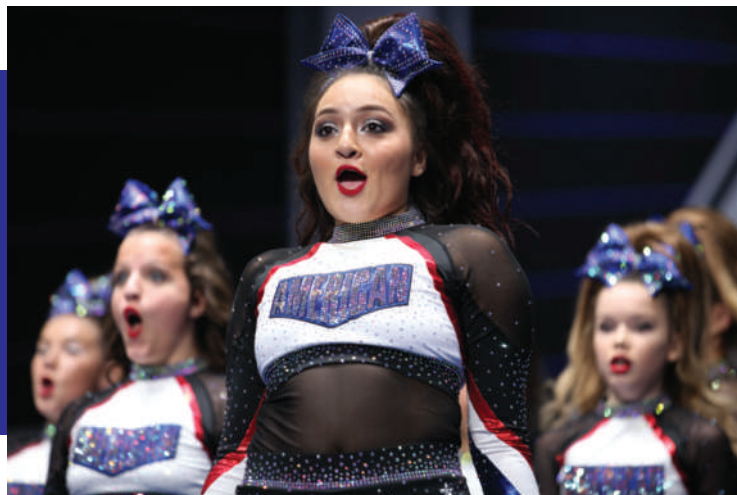
Cheer Director- Jason Larkins, Jason@aksc.com

Cheer Manager- Ashley Larkins, Ashley@aksc.com

Accounts Manager- Tonia Acres- Tonia@aksc.com

QUITTING THE TEAM

There is a **\$500 CANCELLATION FEE** for any child that quits, is removed or does not follow the rules and guidelines of our program anytime between August 1, 2021 to the end of the competition season (May 4, 2022), with no refunds of any tuition, practice wear, uniform or JUMP SO fees. Drops have a huge negative impact on the other squad members and create additional choreography expenses and extra practice cost... you should join only with the intent of completing the season. Lastly a 30-day notice is also required for a member to drop, including end of season and must be submitted via the Parent Portal. To avoid the cancellation fee, online drops must be completed so that the affective drop date is prior to August 1st, 2021.





Tuition & Annual Cheer Membership Fee

***Not covered in this section: Uniform, practice wear and competition costs.*

For our All-Star Elite squads Mini aged and below monthly tuition covers squad practices May-April. For All-Star Elite squads Youth aged and above, May-August monthly tuition covers squad practices and one additional hour of tumbling. Starting in September, monthly tuition covers squad practices only.

Annual Cheer Membership Fee covers our cheer administrative hours. The differences in cost reflect not only the hours involved but also the level of staff cost and extra administrative needs. While we do our best to adhere to the following rates, they are subject to change if circumstances warrant it for the financial health of the program.

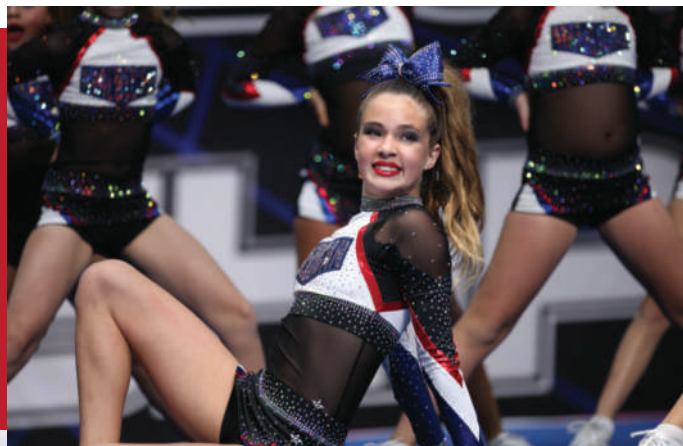
Programs Offered	Session Tuition	Cheer Membership Fee
All-Star Prep Squads	\$138	\$109
All-Star Elite Tiny & Mini Squads	\$202	\$178
All-Star Elite Youth, Jr & Sr Squads	\$224	\$239

* If you are unable/ unwilling to pay tuition using our Auto-Pay system, there will be a \$10 handling fee added to your tuition rate.

** Sessions are 4 weeks

*** Prices Above Reflect Auto-Pay Rates

**** Cheer Membership Fee is charged at the beginning of everyone's season on May 20th (or when first enrolling).





METHODS OF PAYMENT AND DISCOUNTS

Tuition covers a 4-week session. There are 12 sessions a year for a total of 48 weeks. You are not being charged for the four weeks we are closed during Easter, Thanksgiving and Christmas.

AUTO-PAY: We ask all squad members to use our automatic payment system available as an option when creating your account. You have the choice of either a Bank Draft or Credit Card. We run all transactions on the 20th of the month preceding the next session. Transactions will typically clear your account a day or so after (if the 20th falls on a weekend, account is charged on following workday).

PAY-IN-PERSON: To pay in person you must simply do it before the 20th of month preceding the next session, otherwise it will be processed with Auto-Pay.

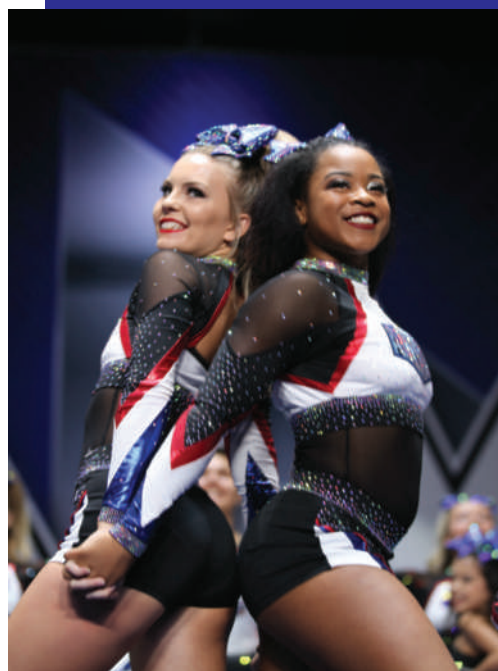
MULTIPLE CHILDREN: A 20% discount is given to families with more than one child in ANY AKSC program. You pay 100% of the 1st tuition (highest) and receive the discount on ALL additional tuitions (excluding cheer tumbling classes, hyper-flex classes, bargain classes and AKU)

LATE FEES: If tuition is not paid by the 20th of month preceding the next session, you will be assessed a \$25 late fee. If your account is past due on the first day of the session your child(ren) will not be allowed to participate in practice or competition. We are always open to helping you, so if you see a problem paying, call/email our Account Manager Tonia at Tonia@aksc.com. Tonia does her best to work with you to find workable payment arrangements.

REFERRAL CREDIT

Referral: A \$25 credit will be given for each NEW friend you bring to American Cheer who signs up for an All-Star Prep or All-Star Elite team at tryouts. Credit will be applied to tuition the following month after athlete has officially joined and paid.

MUST LET US KNOW AT TRYOUTS.





UNIFORMS

Competition Wear- Top, Skirt, Comp Bow, Shirt and Warm-up Jacket:

For the 2021-2022 season, American Cheer will be competing in our beautifully designed Rebel uniform debuted in the 2019-2020 season. All athletes, whether returning or new to our program should look at the prices below. Save money by paying in full early. Individual orders made after our bulk order will cost more.

	Super Saver	Still Save	Pay Over Time
Tax Included	Paid in Full (May 25)	Paid in Full (June 20)	50% June 20 & September 20
All-Star Prep (No Jacket**)	\$322	\$354	\$195 x 2
All-Star Elite Girls	\$750	\$806	\$433 x 2
All-Star Elite Boys	\$625	\$675	\$360 x 2

*Non-refundable once paid.

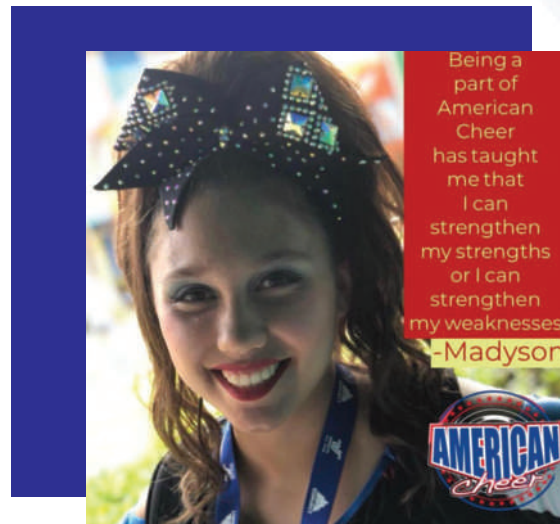
*Non-refundable once paid.

**Prep squads may choose to purchase Jacket but it is not required. (\$150)

*** All-Star Elite Day 1 competition bow \$30

****All-Star Elite Day 2 team competition bow \$30

*****All-Star Prep competition bow \$25



Shoes:

Cheer shoes are required, and we do carry the largest inventory in Kern County, but you may buy any brand from anyone you like. We suggest having a practice pair and a competition pair so they look great on stage... but that is only a suggestion.

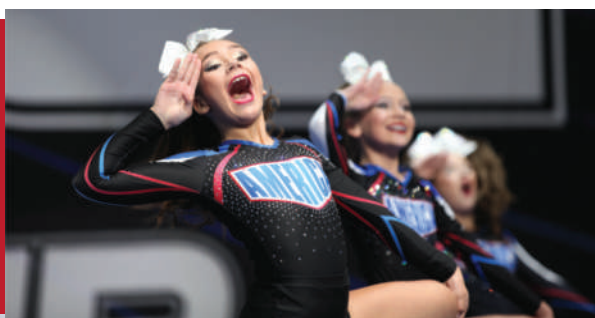
Practice Wear: Practice wear instills and reinforces unity, teamwork and discipline in our program and is required at all practices. Athletes not in designated practice wear will be sat out of practice. All athletes receive practice tops and sports bras (the amounts differ based on prep vs elite). More than one set may be ordered and athletes may purchase their own bottoms.

Tax included	Practice Wear If paid by May 25	Practice Wear If paid by June 20
All-Star Prep	\$109	\$124
All-Star Elite Girls	\$159	\$174
All-Star Elite Boys	\$126	\$141

All-Star Prep- Two sports bra and a hair bow.

Elite Girls - Two tops, two sports bras, and one hair bow.

Elite Boys - Two tanks or two t-shirts and shorts.





BOOSTER CLUB & SPONSORSHIP OBLIGATION

JUMP Booster Club: JUMP is our non-profit 501-C-3 booster club through whom we pay all competition expenses including, but not limited to, competition entry fees, staff wages-travel-lodging- meals to/at competitions, athlete and club USASF membership fees, choreography & music, end of season banquet & awards, accounting for JUMP and normal administrative costs. The JUMP board is made up of seven parent volunteers who oversee fundraising, approve the SO and when amounts are due.

SPONSORSHIP OBLIGATION (SO):

Everyone contributes their SO either by use of fundraisers, or by being their own sponsor (or both). You are not “paying” for your child’s competition thru a SO, you, as a member, are helping your non-profit booster club raise the funds needed to pay all related competition costs. Whether your child competes or not, makes no difference to your Sponsorship Obligation (SO) to JUMP. This distinction is important. This way if a squad member is injured, sick, or otherwise doesn’t attend a competition, the coaches can ask a sub to fill in temporarily or long term. Read the JUMP R&P for more details pertaining to the SO at the end of this packet. JUMP requires that you meet a minimum contribution each month (payment in full is also great). Many of our parents raise all their funds by the 2nd fundraiser... so can you!

Below is a “pre-season estimate” based on last year. Once we know how many squad members we have at each level our Cheer Director will determine a final competition schedule... and we receive published fees from the host organizations, we will finalize the SO based on a detailed budget...it is our goal to stay near the list below. Remember, JUMP is non-profit so what it cost to attend these fine competitions is what it cost and your SO is JUMP’s only source of revenue. These figures are for the whole season and, again, are preseason estimates based on last year. **PRE-SEASON ESTIMATED - Subject to Change based on actual entry fees.**

These prices are tentatively based on estimates and can be ADJUSTED based on actual cost.

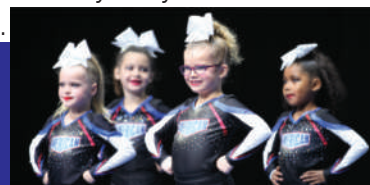
Due Date	All-Star Prep	All-Star Elite Tiny & Mini	All-Star Elite Youth, Jr and Sr
May 20th (enrollment date)	\$100	\$100	\$100
July 5th	\$99	\$158	\$219
August 5th	\$99	\$158	\$217
September 5th	\$99	\$158	\$217
October 5th	\$99	\$158	\$217
November 5th	\$99	\$158	\$217
December 5th	\$99	\$158	\$217
Total (est)	\$694	\$1048	\$1404
Paid in Full (Save 5%) *cash or check only*	\$659.30*	\$995.60*	\$1333.80*

NEW MEMBERS ONLY:

To create your account with JUMP please do the following now:

On a computer, not your phone, go to <https://www.iclasprov2.com/icpv2/parent-portal/americankidsjump> and then click on “Create a New Account” and just go from there!! EASY!

OR go to www.AKSC.com and the tab near the top entitled “AND MORE” and click on “JUMP BOOSTER CLUB”. Click on the red text “Click Here” to log in. Click on “Create a New Account” and just go from there!! EASY! OR fill out the JUMP Autopay form attached and we will create the account for you and email you your username and password.





BOOSTER CLUB CONT'D

FUNDRAISERS:

We have great fundraisers and many families meet ALL their SO with them!! JUMP's primary activity is coordinating fundraisers for you to use to meet your SO. You may use all of them, some of them, or none of them, the choice is yours. If you choose to not use them, just be prepared to pay the full SO for your squad in accordance with the schedule below. Soon after tryouts we will host a parent meeting where fundraising will be a big portion of the discussions. Dates TBA.

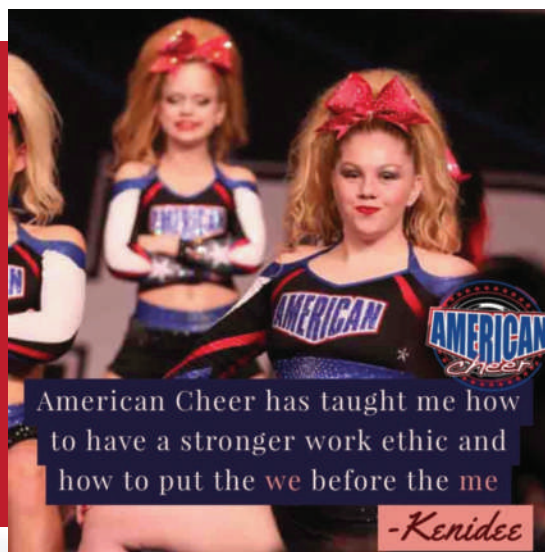
THE SUMMIT:

Not included in the SO. Junior and senior divisions levels 2 and above may have the opportunity to attend The Summit in Orlando, FL. To attend teams must earn a bid at a designated competition. The full costs of attending, including travel, is the responsibility of those attending, there is also an additional SO Summit fee determined after teams have received bids. This is a good reason to keep using fundraisers after meeting your SO.

JUMP PAYMENTS: JUMP, like American Kids, uses iClass Pro to charge, track and collect balances due. It is separate from your account with American Kids. Like you did with American Kids, you need to create an account with JUMP and set up auto-pay. IF YOU FUNDRAISE, JUMP will only collect any outstanding balance due any given month after taking into account the fundraising activity that has been posted. If you fundraise more than what is due any given month then no auto-pay will occur.

RULES AND POLICY AGREEMENT

American Kids Sports Center has a Rules & Policy Agreement for your participation in any of our competitive programs and for your participation with our booster club JUMP. You can find those rules and policies online at AKSC.com under "Rules and Policy Agreement" on the cheer page. They are there for your benefit as they help create and maintain a healthy & strong program, as well as, an enjoyable atmosphere. Note, by just en-rolling at AKSC you are agreeing to them. If you have a question about any of the R & P, feel free to email Michelle@AKSC.com with your questions.



American Cheer has taught me how to have a stronger work ethic and how to put the we before the me

-Kenidee





THE AMERICAN CHEER SKINNY

American Cheer is a 12-month (May 2021-April 2022) commitment.

Athletes ages 3 -18 and of all skill levels are accepted and placed on squads.

There are 3 different squad types:

All Star Elite (Youth, Jr and Sr), All Star Elite (Tiny/Mini), and All Star Prep.

Each type has differing time and cost commitment levels with All Star Elite being the highest commitment and All Star Prep being the lowest.

Please see the full packet for complete commitment details.

PROGRAM COSTS

ALL STAR ELITE (Youth, Jr & Sr)

Tuition: 12 Payments of \$224 Monthly
SO: \$1404 Annually (Broken into 8 Installments)
AKSC Membership Fee: \$39 Annually
Cheer Membership Fee: \$239 Annually
Comp Uniform: \$625 (Boys), \$750 (Girls)*
Comp Bows: Day 1 \$30; Day 2 \$30
Practice Wear: \$159 (girls)*
\$126 (boys)*

*All uniform and Practice Wear prices are based on Super Saver Rates. See full packet for additional payment options and due dates.

ALL STAR ELITE (Tiny & Mini)

Tuition: 12 Payments of \$202 Monthly
SO: \$1048 Annually (Broken into 8 Installments)
AKSC Membership Fee: \$39 Annually
Cheer Membership Fee: \$178 Annually
Comp Uniform: \$625 (Boys), \$750 (Girls)*
Comp Bows: Day 1 \$30; Day 2 \$30
Practice Wear: \$159 (girls)*
\$126 (boys)*

*All uniform and Practice Wear prices are based on Super Saver Rates. See full packet for additional payment options and due dates.

ALL STAR PREP

Tuition: 12 Payments of \$138 Monthly
SO: \$694 Annually (Broken into 8 Installments)
AKSC Membership Fee: \$39 Annually
Cheer Membership Fee: \$109 Annually
Comp Uniform: \$322*
Comp Bows: \$25
Practice Wear: \$109

*All uniform and Practice Wear prices are based on Super Saver Rates. See full packet for additional payment options and due dates.

IMPORTANT DATES

- On the **5th** of each month, your **JUMP SO** installment is due.
- On the **20th** of each month, your **AKSC Tuition** is due.

MAY 23rd

- Placement email goes out after 6pm

MAY 25th

- Super Saver Cut Off for Uniform
- Super Saver Practice Wear Installment 1

JUNE 20th

- Early Bird Rate Cut-Off for Uniform
- OR 1st payment on Uniform and Practice Wear Installment Plan due.

JUNE 22nd and 23rd

- Stunt Creatives

JULY 12th-14th

- Stunt Camp

AUGUST 1st

- Season Commitment Cut-Off
- Athletes may not drop after 8/1/20
At this point a drop penalty will apply.

AUGUST 20th-22nd:

- Pyramid Choreography

SEPTEMBER 7th-9th:

- Stunt Choreography

SEPTEMBER 16th-20th and 24th-29th:

- Routine Choreography

SEPTEMBER 20th:

- 2nd Payment due for Uniform Installment

NOVEMBER 14th:

- American Cheer Showcase

APRIL 24th:

- SUMMIT SEND-OFF!!

NOTES ABOUT COMPETITION

The Competition season will begin in December and run through the beginning of May. All Star Elite squads typically compete in 7-9 competitions each season and All Star Prep typically competes in 4-5 competitions.

All Star Elite squads can compete in state, regional and national competitions, possibly traveling to Nevada, Arizona, Georgia, Texas or Florida.

All Star Elite squads always compete in 2 day competitions that will normally require overnight stays.

All Star Prep squads compete at one day events typically local or within reasonable driving distance (2-3 hours). Events typically are hosted near Irvine, Visalia and Fresno.





AMERICAN CHEER REGISTRATION FORM

All New Members wishing to enroll into American Cheer for the coming season need to complete this form in its entirety. Incomplete forms will not be accepted. By turning in a completed form, you are confirming that you are ready for your student(s) to be placed on a team and for your Automatic Payment account to be billed. If you are a returning member with no changes, you do not need to complete this form.

PROGRAM PREFERENCE ATHLETE AGE INFO: REQUIRED ITEMS/DOCUMENTS:

☐ All Star Prep

BIRTHDATE: _____

☐ Attach 2"x3" Athlete Photo

☐ All Star Elite

☐ Copy of Government Issued Document (birth certificate, passport, etc.) emailed to sheila@aksc.com

☐ Willing to Cross Over

This form is due Tuesday, May 17th by 6:00pm. Turning it in earlier is deeply appreciated by our staff. Lots to organize!

ATHLETE NAME: _____

I (PARENT/ GUARDIAN) _____, give my child, whose name appears above, permission to tryout for the 2021/ 2022 American Cheer Program. I understand that the sport of cheerleading is a dangerous sport and will not hold American Cheer, its owners or employees liable for any injury incurred as a result of my child participating in the clinic or tryout.

I (PARENT/ GUARDIAN) _____, have read the entire tryout packet in full and understand and will follow the Rules and Policies set by American Cheer, JUMP and American Kids Sports Center. I am authorizing AKSC to process the appropriate tuition and annual fees required to start the program.

Parent/ guardian Signature: _____ Date: _____

Parent/ Guardian Email: _____ Phone Number: _____

Parent/ Guardian First and Last Name: _____

Relationship to Athlete: _____

TELL US ABOUT YOUR ATHLETE'S SKILLS

Base: _____

Backspot: _____

Flyer: _____

Standing/Running Tumbling: _____

Previous Competitive Level (if applicable): _____





AMERICAN CHEER EVALUATION FORM

PROGRAM PREFERENCE:

☐ **ALLSTAR ELITE**

☐ **ALLSTAR PREP**

WILLING TO CROSSOVER:

☐ **YES**

ATHLETE'S BIRTH YEAR: _____

ATHLETE NAME: _____

PARENT EMAIL: _____ **CONTACT #:** _____

CATEGORY	LVL 1 PREP, TINY, MINI	LVL 1 YOUTH, JR, SR	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	RATING
Flexibility							
Required St. Tumb		• Backbend	• BHS • BWO BHS	• Series BHS	• Tuck • BHS Tuck	• 2 to Lay	
Optional St. Tumb		• BWO • FWO	• BHS step out	• Specialty w/ step out included	• 2 to Lay	• 2 to Full	
Required Running Tumbling		• Cartwheel	• RO 2BHS	• RO BHS Tuck	• RO BHS Lay	• RO BHS Full	
Optional Running Tumbling		• FWO cart BWO	• Two 2 BHS	• Two to Tuck • Punch Front Stick	• Combo to Lay	• Combo to Full	
Jumps	• 1 Jump	• 2 Connected	• 2 Connected • Pencil BHS	• Multi Jumps connected to series BHS	• Toe BHS Tuck	• Mult to Tuck	
Previous Competition Level							

Coaches Notes & Recommendations:

Team Placement and Position: _____